



The } Pear  
At Parley  
LUNCH MENU

## STARTERS

**Chefs soup of the day (DF\*, GF\*)**  
*served with bread and butter*

**Twice baked 3 cheese soufflé (£1.00 sup)**  
*served with sea salt croûtes*

**Smoked salmon and prawn tian (DF/GF\*)**  
*seafood sauce, bread*

**Smoked haddock & spring onion fishcake (DF)**  
*mixed baby leaf & chipotle mayo*

**Ham hock & roasted red pepper terrine (DF/GF\*)**  
*tomato chutney & toasted bread*

**Prosciutto ham & cherry tomato bruschetta (DF)**  
*rocket & balsamic glaze*

**Whitebait (DF)**  
*mixed leaves, tartar sauce & lemon*

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## MAINS

**Large beer battered fish and chips (GF\*/DF\*)**  
*sea salt, lemon & garden peas*  
*A smaller appetite offer for fish and chips*  
*is available at £10.50*

**Pan fried sea bass (GF/DF)**  
*wilted spinach, lemon and parsley crushed potatoes,*  
*tomato and mixed pepper salsa*

**Vongole (DF) (£3.00 sup)**  
*clams, prawns chilli, garlic, cherry tomatoes*  
*& spinach linguine*

**Lamb & mint burger (GF\*/DF\*)**  
*baby gem, sun dried tomato, grilled halloumi,*  
*cucumber and mint yoghurt*

**Teriyaki beef stir-fry (DF)**  
*sautéed peppers, onions, beansprouts, pak choi & egg noodles*

**Crispy confit chicken thigh and drumstick (GF/DF\*)**  
*medley of pancetta and seasonal veg,*  
*fondant potato and lemon butter sauce*

**Caprese gnocchi**  
*tomato ragu, sun dried tomatoes, bocconcini,*  
*basil pesto dressing, pea shoots*

## DESSERTS

**Chefs crumble of the day (GF\*)**  
*custard*

**Biscoff brownie**  
*vanilla ice cream*

**Peach panna cotta (GF\*)**  
*mango compote*

**Lime tart**  
*strawberry ice cream*

**Eton mess (GF)**  
*chantilly cream*

**3 scoops of ice cream (GF\*)**  
*(chocolate, vanilla and strawberry)*  
*cafe curl*

**Mini cheese & biscuits (GF\*)**  
*(£3.00 supp)*

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**(GF\*/DF\*)** : A gluten or dairy free version of this dish is available. Please let your server know whether this is required.

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**Any Main Dish £14.50**

**Add Starter £7.75**

**Add Dessert £7.00**

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*Available from Monday*  
*to Saturday lunchtimes*  
*between 12 noon and 2:45pm*

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*Please note that we do not serve fast food, we serve good food as fast as we can. All meals are cooked to order, please be patient during busy periods. It is possible that all our dishes may contain allergenic ingredients. Please ask a member of staff for further details. Fish may contain bones.*